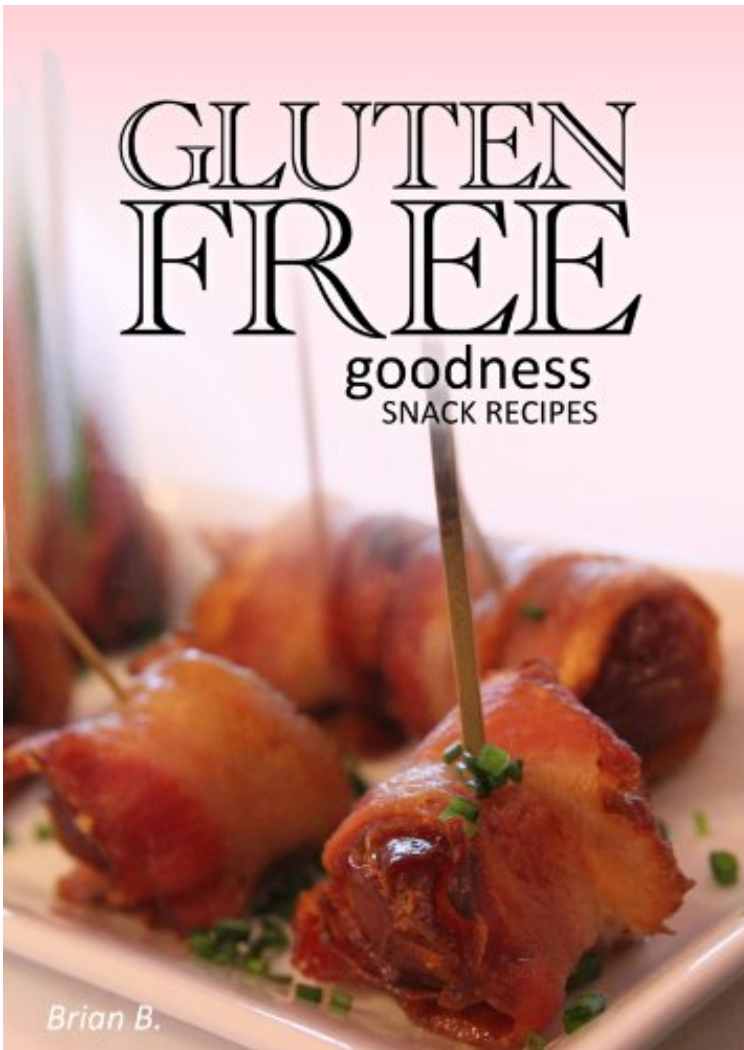


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Description :

Prsentation de l'diteurIf you are on a gluten-free diet, you know that every time you leave the house youre entering a veritable minefield of wheat bombs. Everywhere you turn, you are besieged by donuts, bagels, buns, rolls, tortillas, pretzels, cookies the list just goes on and on. It is almost impossible just to grab a snack on the run, or a quick bite while doing errands at the mall. Road trips and sporting events, not to mention long airline journeys, either become opportunities for diet disaster or have to be planned and executed so precisely that it seems easier to give up or give in. And nothing can ruin a day or a trip faster than that awful feeling of being glutened. Not to mention what it is doing to your long-term health.Inside this recipe you'll find delicious gluten-free snacks like:- Spicy Chicken Bites- Mighty Beef Sliders- The Zucchini Rollatini- Bacon Quesadilla- Gluten-Free Chicken TaquitosAnd many more!Prsentation de l'diteurIf you are on a

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